Facts about EBOLA

Ebola is a serious and often deadly disease which presents with high fever and bleeding through body openings. It is very infectious, kills in a short time BUT can be prevented.

What are the signs and symptoms of Ebola?

- Sudden onset of fever
- Headache
- Intense body weakness
- Muscle pain
- Sore throat
- Vomiting
- Bloody diarrhoea or urine
- Bleeding from body openings

How is Ebola spread?

- Ebola is spread through direct physical contact with body fluids like blood, saliva, stool, vomit, urine and sweat of an infected person or animal.
- It can also be spread through using skin piercing instruments that have been used by a person infected with Ebola.
- Ebola can also be got through contact with persons or animals that have died from Ebola.

How can you protect yourself from Ebola?

Persons who are suspected to have died from Ebola must be buried immediately, by a trained burial team to prevent the spread of Ebola.

Report any suspected cases of Ebola to the nearest health unit immediately.

Disinfect the bedding and clothing of any person suspected to have died from Ebola with JIK.

Wash your hands thoroughly with soap and clean water after handling a patient infected with Ebola or the body of a person who has died from Ebola.

Avoid communal washing of hands during funeral rites.

Persons suspected to be suffering from Ebola should be taken to the nearest health facility immediately.

- Avoid direct contact with body fluids of a person suspected to be suffering from Ebola by using protective materials e.g. gloves and masks.
- Persons handling the body of a person who is suspected to have died of Ebola should wear strong protective materials like gloves and masks.
- Avoid contact or eating bush meat especially from monkeys, bats, baboons, gorillas and chimpanzees

Report all suspected cases to the nearest health facility immediately.
For further information send a **FREE SMS** to Ureport on: **8500** or call **toll free** on: **0800 100066**

World Health Organization

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