

# EBOLA

## TRANSMISSION OF EBOLA

**Ebola is a serious and often deadly disease**

## SIGNS AND SYMPTOMS OF EBOLA

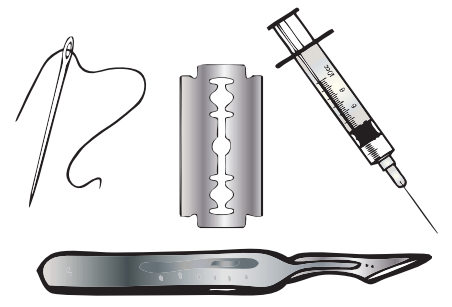
### How is Ebola spread?

**Ebola is spread through direct contact with the following:**

Soiled clothing of an infected person



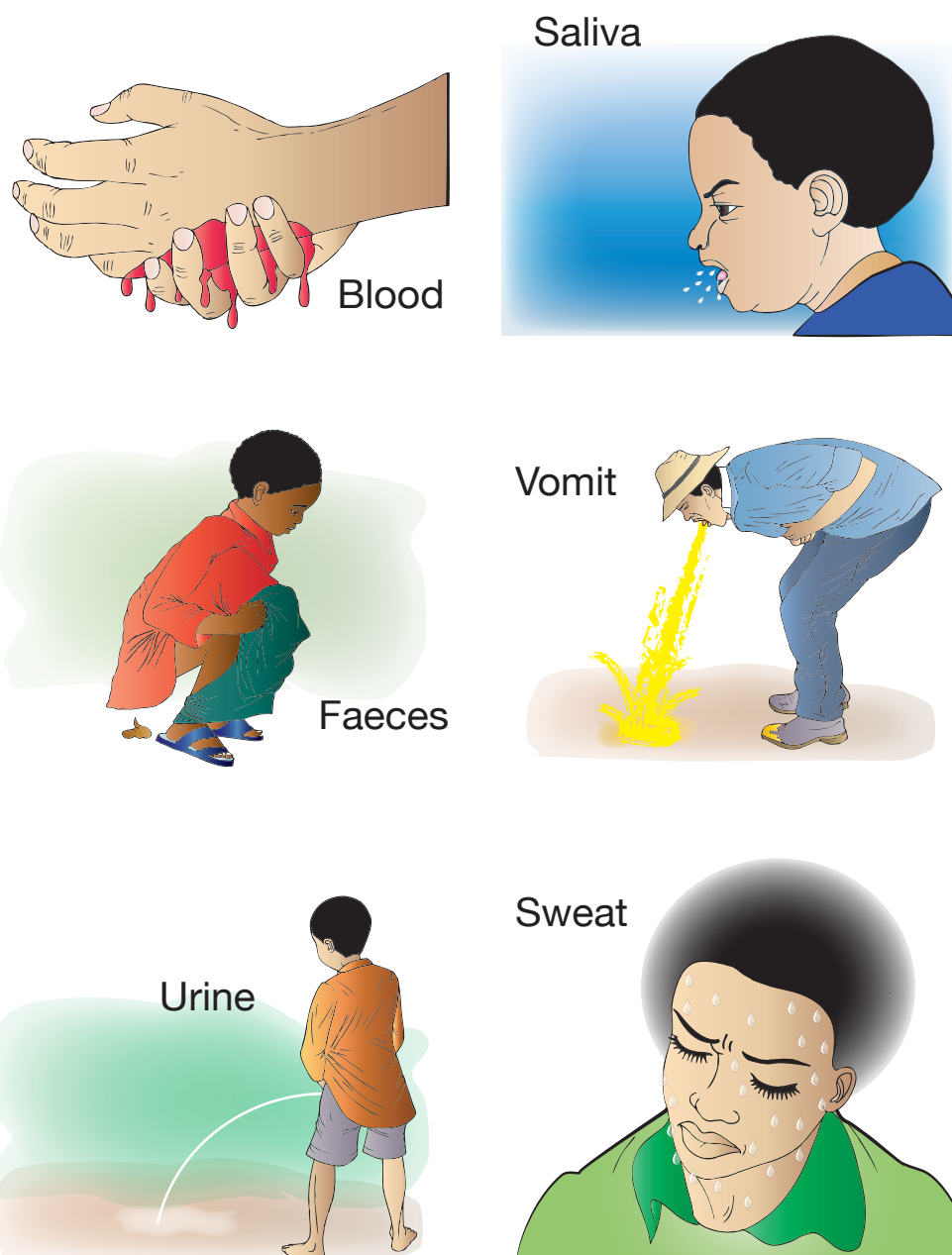
Unsterilised equipment use by an infected person



Handling wildlife whether alive or dead



Body fluids such as blood, saliva, faeces, vomit, urine and sweat of an infected person



**Signs and symptoms of Ebola are as follows:**

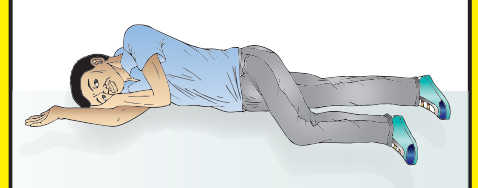
Sudden onset of fever



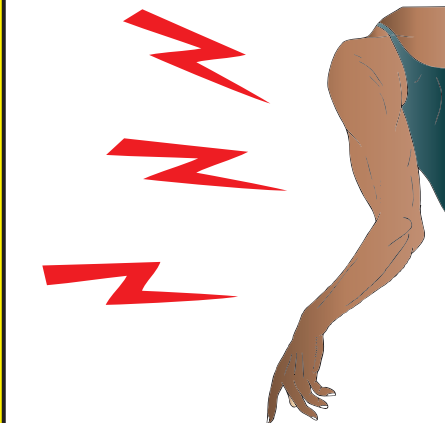
Headache



Intense body weakness



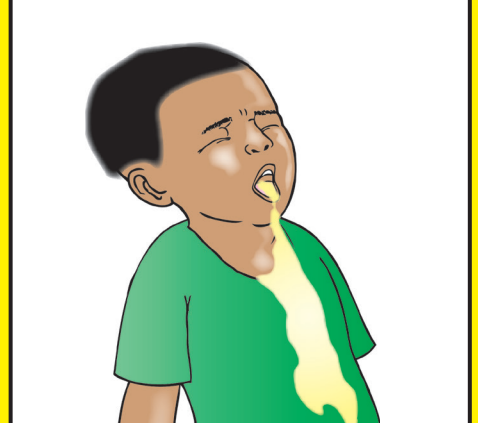
Muscle pain



Sore throat



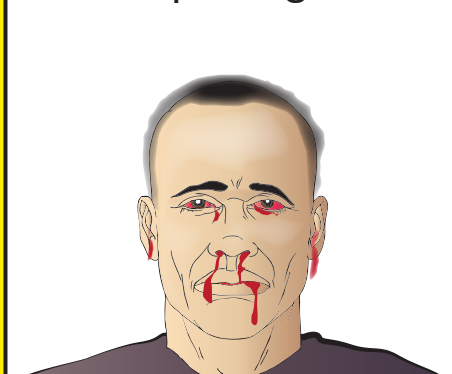
Vomiting



Bloody diarrhoea or urine



Bleeding from body openings



**Signs and symptoms can start from 2 to 21 days of contact with an infected person or body.**

## PREVENTION OF EBOLA

**Ebola is a severe and often deadly disease that can be prevented by doing the following:**

Avoid direct contact with body fluids from any person or animal suspected of being infected with Ebola or infected with Ebola



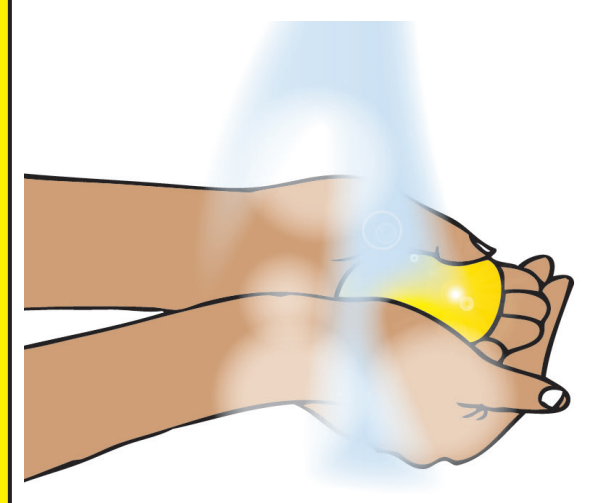
If you must handle a patient suspected to be suffering from Ebola, wear protective materials e.g. gloves and mask



Persons who are suspected to have died from Ebola must be buried immediately by a trained burial team to prevent the spread of Ebola



In case you handle a person suspected to be infected with Ebola, wash your hands thoroughly with soap and clean water



Report all suspected cases to the nearest health facility immediately.

For further information send a **FREE SMS** to Ureport on: **8500** or call **toll free** on: **0800 100066**