

Training Guide for Ebola Flip Chart for social mobilizers

Using this guide:

This training manual is designed to guide a 1-day training for any person giving interpersonal communication (IPC) or sensitization on Ebola in Liberia including gCHVs, animators, social mobilizers, or community leaders.

Specific instructions for trainers on each activity have been detailed to help provide consistent training events.

A uniform layout is used to give trainers a quick-guide to the material. The layout has quick reference instructions and a corresponding picture icon. A key to the quick-reference instructions and picture icons is below.

Instructions	Icon
Welcome	
Ask	
Tell	
Give Directions	
Lead Activity	
Show	
Discuss	
Review	
Congratulate	
Group work	
Play	

NOTES TO TRAINER

PURPOSE:

The purpose of the training is train gCHVs to use a flipbook to give house to house IPC on Ebola prevention

TRAINING FORMAT:

- This training is designed to be participatory and interactive. The facilitator should further use additional examples, stories, and experience as much as possible to make sure the information is understood by all.
- The training is designed for 2 facilitators work as a team with a group of 25-30 participants to ensure all are engaged and have time to share experience, complete activities, and ask questions.
- The training as 4 components:
 1. A **presentation** with discussion questions and activities
 2. A **facilitator guide** with key points of emphasis and instructions for all activities and discussions
 3. A **flip book** that all participants will have
 4. A **post-test and evaluation** that the facilitator will give
- The training covers a lot of material. Take time and check for understanding before you move to the next session.
- If you run short on time, reduce the number of responses from the audience.
- Prioritize the demonstrations, role plays, and review activities as these will give you a sense of how participants are understanding the material.
- Use flip charts to record participant responses and emphasize key points, but try to minimize writing

MATERIALS

You will need the presentation:

- 1 printed copy of the full slides (projector, computer, and extension cord if available)
- The training guide
- Copies of Flip book
- Flip chart and markers
- A paper ball
- Something to keep time
- A hand-washing station (bucket with tap, chlorine, water, a bucket for dirty water);
- 2 plastic bags, rope, trash bin
- Copies of Record Keeping Form
- Test and Evaluation form

NOTE: If you do not have access to a projector or current you can still give this training


- You can prepare flip chart papers ahead of time and lead the discussion based on the printed copy of the presentation and facilitator guide.
- Instead of asking for volunteers to read the slides and explain how they understand it, you as the trainer will read them from your printed copy, and ask someone to explain what they have understood.


Materials Needed:

- Attendance Sheet and pen
- Training packet for each participant (includes flip chart, posters).
- Signature sheet for materials
- Marker- *have participants write their name on their flip chart as they sign in*

Welcome & Introductions

Materials Needed: Facilitator Guide


 Welcome	<ul style="list-style-type: none"> • <u>WELCOME</u> everyone and thank them for attending/traveling to attend the workshop to learn about how to share information about Ebola in your communities • <u>ASK</u> someone to lead a prayer • <u>GIVE</u> self- introduction of facilitators • ASK each person to say their name and where they are from
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 Tell	<ol style="list-style-type: none"> 1. <u>TELL</u> to the group that we are coming to talk about what we will be learning from the workshop.
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Housekeeping, and Ground Rules

Purpose: to provide clear structure for the workshop and answer questions about payment, meals, and other

Materials Needed: Facilitator Guide Flip chart sheet with rules written out

 TELL	<ul style="list-style-type: none"> • <u>Explain</u> to the group that before we start you want to go over the schedule and talk about the rules for the training, then you will give them time to tell you what they expect from the training. • <u>Explain</u> the following and answer any questions: <ul style="list-style-type: none"> ○ Training is from 8 am – 5pm ○ 2 meals will be provided each day: breakfast and lunch ○ Transportation will be reimbursed by distance (<i>Depending on COUNTY plan</i>) ○ \$10 per night is allocated for accommodation for each person (<i>Depending on COUNTY plan</i>) ○ Each person should be present for the whole workshop and should sign the attendance
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TELL



- **TELL the group that we will have a lot of information to cover but:**
 - The sessions will be very interactive so everyone will have the opportunity to talk and practice the things we are talking about
 - That we will all be learning from each other and everyone should feel free to ask questions and share their experience.
- **TELL that to help us stay on the plan and make sure we cover all the material we have some rules**
- **READ the ground rules which should already be written to save time.**
 - Respect time
 - Cell phones off
 - One meeting, no pocket/side meeting
 - Active participation so we can end on time
 - Respect one another's view
 - Be recognized to go out
 - Be recognized to talk
- **ASK for any additional suggestions from the group and add their suggestions to the flip chart.**
- **TELL: We can make a law, but some people can by-pass the law.**

ASK







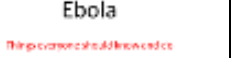


- **ASK if the group wants to identify security or a person who will make the laws work or set a penalty for not adhering to the ground rules (for example: if someone violates the rules, they stand for 5 minutes).**
 - Take a vote if more than one suggestion.
- **ASK if there are any questions and clarify as needed**



Objectives, & Participant Expectations

15 minutes

Purpose: To review learning objectives and participant expectations/needs for the training

Materials Needed: Facilitator guide; Presentation or handout of presentation; Flip Chart with Learning Objectives written out

<p>SHOW & ASK ?</p> 	<ul style="list-style-type: none"> • SHOW the first slide (#2) of the presentation (complex words) • ASK: ask someone to read the slide and tell how they understand it – what do you think it is trying to tell us? 	
<p>TELL</p> 	<p>TELL & STRESS:</p> <ul style="list-style-type: none"> • This picture is confusing and difficult to look at. It has a lot of writing that many people can't read and some of the words are not easy to understand. • This picture is just like the situation right now. There is a lot of talk about Ebola but some of the information can be too confusing. It is not too clear what people should do or what the correct information is. • When people and communities have the information they need they can organize themselves to keep their families safe, but right now many people are confused. 	
<p>SHOW & ASK ?</p> 	<p>SHOW slide #3</p> <p>ASK</p> <ul style="list-style-type: none"> • Is this picture more clear in what it is trying to say? • Even though some people cannot read it, it is easier for someone that can read to look at it and talk about it to their friend, isn't it so? 	
<p>TELL</p> 	<p>TELL</p> <ul style="list-style-type: none"> • The MOH knows that gCHVs and community leaders are one of best ways to get information to the people in a way that is clear and trusted. • The purpose of this training is to give you the information and tools you need to make this confusing situation simple for your communities, so everyone knows what to do. 	
<p>TELL</p> 	<p>TELL</p> <ul style="list-style-type: none"> • When you finish the training you should be able to tell others: <ul style="list-style-type: none"> ○ About the signs and symptoms of Ebola ○ About how Ebola is spread and how to keep from catching it ○ What to do if someone has the signs and symptoms or has died of Ebola ○ What to do if you have to wait for a help team to come ○ About testing, the treatment centers, what it means to be a contact, and help teams • You will also know how to: <ul style="list-style-type: none"> ○ Use the flipbook and posters to educate people about Ebola ○ Keep a record of the work you do on Ebola awareness 	


<p>SHOW & ASK</p> <p>?</p> 	<ul style="list-style-type: none"> • SHOW slide #4 or already completed flip chart paper with the learning objectives above • TELL: You are the foot soldiers on the ground in your community and have already been helping people to fight Ebola. • ASK: Is there anything is not listed here about Ebola that you need this training to talk about? • WRITE any responses down and address them in the training
<p>SHOW & TELL</p> 	<ul style="list-style-type: none"> • TELL: the thing we coming do is not plenty writing, so let us pay attention to the thing we talk and do so we can take it back to our communities. • HOLD up the flip book and ASK everyone to hold theirs up too • TELL <ul style="list-style-type: none"> ○ When you buy a motorbike it usually comes with a box that has all the things you need to take care of and fix the bike, isn't so? ○ This box is called what? It's called your toolbox or your toolkit. ○ All the things we are talking about today are in your flip book. ○ It is your toolbox or toolkit for educating the people about Ebola. ○ If there is anything that we write or that you want to write, you will have time at the end. • ANSWER any questions

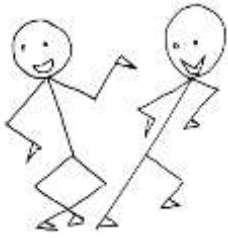
Pre-Test Activity: Agree or Dis-agree Activity

30 minutes

Purpose: To quickly assess current knowledge, mis-information, and rumors to focus the training

Materials Needed: Facilitator guide

<p>TELL</p> 	<p>TELL the group you will read a statement or question out loud.</p> <ul style="list-style-type: none"> • If you agree or think it is true, move to the right side of the room • If you disagree or think it is false, move to the left side of the room • 1 person on each side of the room will present why they think they are right. • Ask if there are any questions and clarify as needed.
<p>LEAD ACTIVITY</p>	<ul style="list-style-type: none"> • ASK everyone to stand up • READ the question out loud and tell participants to move to the right side of the room for yes and to the left for no • ASK 1 person from each side to say why they think they are correct <i>(if time becomes short, eliminate this part).</i> • READ out the correct answer following each question.



- **CLAP** for those with the correct answer and continue.

QUESTIONS:

1. Ebola is not real

ANSWER: DISAGREE.

- Ebola is real. It kills, but you can protect yourself and stop the spread.

2. My child has a high fever and runny stomach. It is okay if he sleeps in the same bed with the other children?

ANSWER: DISAGREE.

It could be malaria or another sickness, but if it is Ebola, touching the child or any belongings like clothes, sheets, or playthings can spread Ebola.

3. Chlorine spray does not kill people.

ANSWER: AGREE.

Chlorine spray works like very strong soap. It kills Ebola and must be used to clean any area where a person with Ebola or has died of Ebola has been.

4. You can catch Ebola by preparing or eating bush meat or animals found dead in the bush.

ANSWER: AGREE.

You can get Ebola when you touch the animal to get it ready for cooking. You also can get Ebola from eating it.

5. The very first thing I should do if someone in my family has the signs and symptoms of Ebola is to take the person to any hospital or clinic that is open.

ANSWER: DISAGREE.

The first thing you should do is call 4455 for advice. It is free.

6. If someone has died with the signs and symptoms of Ebola, you should wash the body, and bury it quick, quick.

ANSWER: DISAGREE.

Washing and burying people that have died spreads the disease to many people, quick -quick. People that have died with signs and symptoms of Ebola must be buried by a trained team.

7. Any person can catch Ebola.


ANSWER: AGREE.

Any person can catch Ebola, it doesn't matter who they are or where they live.

8. If someone in your house is sick or has died with the signs and symptoms of Ebola you should leave the house and the area quick, quick.








ANSWER: DISAGREE.



CALL 4455 to report it and do not touch the person or their belongings.

CONGRATULATE 	CLAP for the group and bring everyone back to their seat
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Review of Posters 30 Minutes

Purpose: To emphasis the key messages and introduce posters
Materials Needed: Facilitator guide, presentation or copy of presentation, Prevention Poster, and Signs and Symptoms Posters

SHOW & ASK  	<p>SHOW: HOLD UP the Prevention Poster</p> <p>ASK:</p> <ul style="list-style-type: none"> For a volunteer to come up to the front of the room and use the poster as they understand it to give IPC about Ebola The group to give feedback – <i>take 2 or 3 responses only.</i> <p>GIVE: your own feedback</p> <p>CLAP for the Volunteer</p>
SHOW & TELL  	<p>SHOW: Slide 5 and use the poster to demonstrate</p> <p>TELL & STRESS the key messages from the Poster</p> <ul style="list-style-type: none"> Always wash your hands with soap and clean water Call 4455 or the local county hotline if anyone has the signs and symptoms of Ebola Keep the sick person in their own area and Do Not touch them or the things they have touched when they are sick Tell your community leader if someone in your family has the signs and symptoms of Ebola Do Not run away or hide sick people- this can spread Ebola Do Not wash, touch, or bury any person that has died with the signs and symptoms of Ebola. <i>This is the biggest reason Ebola is spreading in Liberia</i> These actions protect your, your family, and your community. Together we can stop the spread of Ebola You can survive Ebola <p>ANSWER any questions</p> 
SHOW & ASK  	<p>SHOW: HOLD UP the SIGNS & SYMPTOMS Poster</p> <p>ASK:</p> <ul style="list-style-type: none"> For a volunteer to come up to the front of the room and use the poster as they understand it to give IPC about Ebola The group to give feedback – <i>take 2 or 3 responses only.</i> <p>GIVE: your own feedback</p> <p>CLAP for the Volunteer</p>





<p>SHOW & TELL</p> 	<p>SHOW: Slide 6 and use the poster to demonstrate</p> <p>TELL & STRESS the key messages from the Poster</p> <ul style="list-style-type: none"> • If someone in your family has the signs and symptoms of Ebola: <ul style="list-style-type: none"> • Call 4455 • Tell your community leader • Do not runaway or hide sick people • Know the signs and symptoms of Ebola • Call 4455 if anyone has A fever that starts quick, quick and any of these signs: <ul style="list-style-type: none"> • Vomiting • Running stomach • Headache, pain in the body or stomach, sore throat , or weakness • Rash or small bumps on the skin • Red eyes or bleeding from the mouth or nose • These actions protect you, your family, and your community • Together, we can stop the spread of Ebola • You can survive Ebola <p>ANSWER any questions</p> 
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Review of Flip Chart

3.5 hours

Purpose: To introduce key concepts and assess understanding

Materials Needed: Facilitator guide, presentation or copy of presentation

<p>ASK</p> 	<p>SHOW: Slide #7</p> <p>ASK: what is Ebola?</p> <p><i>Take a few answers only to stay on time.</i></p> 
<p>SHOW & TELL</p> 	<p>SHOW Slide #8</p> <p>TELL</p> <ul style="list-style-type: none"> • Ebola is the type of sickness called a virus. • It is very small. You cannot see it with your own eyeball. If you look at it under a machine it looks like the yellow worm. • Ebola is like pepper in the eye. Even a small amount can hurt you. • Anyone can catch Ebola- it does not care about tribe, religion, money. It moves with people • Ebola kills, BUT you can protect yourself from Ebola. • You can survive Ebola if you take action quick, quick. 

SHOW & ASK



SHOW: Slide #9

ASK: What are the signs and symptoms of Ebola

TAKE: answers from 1 person only

SHOW Slide #10 and point to the slide on Page 1 of the flip book

ASK everyone to turn to the first page and hold it up so you can see it

ASK for a volunteer to read the page and tell how they understand it

What are the signs and symptoms of Ebola?



SHOW & TELL



EXPLAIN:

- Sometimes it is hard to know if it is Ebola or something else like malaria or typhoid.
- Ebola has early signs and then late signs.
- The biggest alarm sign is fever.
- You can also have headache, stomach pain, sore throat, or pain in the body.

SHOW: slide #11 and point to slide on page 1 of the flipbook

ASK: for a volunteer to read the page and tell how they understand it

EXPLAIN and STRESS:

- The signs get worse. Not everyone has all of the signs.
- Stress that the thing to look out for is for a high fever that starts quick-quick.

SHOW: Slide #12 and give the example:

- Not everyone will bleed. Some people may have blood in their vomit or pee-pee.
- If anyone gets a fever quick-quick they should stay away from others until they know the source of the fever

SHOW: Slide #13 and point to slide on Page 1 of the flipbook

ASK for a volunteer to read the page and tell how they understand it

EXPLAIN and STRESS:

- Ebola can enter the body very quickly, but it can take some time before the signs start to show. This is called the incubation period.
- The signs could show as soon as 2 days, but as many as 21 days can pass before some people show the signs
- When a person starts to show the signs – even the early signs they can pass Ebola to another person
- You cannot be tested for Ebola until the signs start to show on you. If you do it before then, it will not be correct. Call 4455 and the help teams will tell you how you will be tested.
- Because you have to wait to be tested, you must BE VERY CAREFUL around other people until you know if it is malaria or Ebola or something else.
- When the signs do show, they usually last about a week. Sometimes they can last more than 1 week.
- When the signs are plenty, it is very easy to pass Ebola to another person.



You can bleed a lot from Ebola, but not everyone bleeds. Sometimes, people with Ebola will have blood in their vomit or pee-pee.



ANSWER any questions

SHOW & ASK



SHOW: Slide #14

ASK How is Ebola spread and take an answer from 1 person

SHOW: Slide #15 and point to the slide on page 2 of the flipbook

ASK for a volunteer to read the page

How is Ebola spread?



SHOW & TELL



SHOW: Slide #16 and point to the slide on page 2 of the flipbook

POINT to the picture of the bowl of blood.

EXPLAIN and **STRESS**

- We can catch Ebola when we hunt and clean the animal or when we prepare it
- We might not know the animal is sick with Ebola.
- If we have any small-small cuts in the skin the blood of the animal can enter.
- We can also catch Ebola when we eat the meat
- Once a person has Ebola it spreads quick-quick to other people
- Right now in Liberia, Ebola is spreading person to person by caring for people sick with Ebola and by traditional burial practices



SHOW & ASK



SHOW: Slide #17 and point to the slide on page 2 of the flipbook

ASK

- for someone to read it and tell how they understand it
- what do we mean by body fluids? *Take 1 or 2 responses*

SHOW: Slide #18 and point to the slide on page 2 of the flipbook

ASK for someone to read it and tell how they understand it

CLARIFY as needed

SHOW Slide #19 and point to the slide on page 2 of the flipbook

ASK 1 person to explain what they see and how they think Ebola is being spread

SHOW Slide #20

EXPLAIN and **STRESS**

- The main reason Ebola is spreading right now in Liberia is traditional burial practices where we wash and touch the body or bury it without the help of a team



- Many people in Lofa got sick after bathing in the water used to wash and prepare the body of an imam.
- Even though it is our cultural practice to show respect for the dead by touching and preparing the body, to stop the spread of Ebola we MUST NOT touch, wash, or bury any person that has died with the signs and symptoms of Ebola.

SHOW Slide #21 and point to the slide on Page 2 of the flip book



EXPLAIN and STRESS

- Ebola enters our bodies through the eyes, nose, mouth, or any small-small cut in the skin
- This happens when we touch people sick with Ebola, their body fluids, or the things they have touched while they are sick. It also happens when we touch people that have died of Ebola.
- When we are upset we might not even notice when we touching them and then touching our face.

ASK: What other ways do you think Ebola can be spread ? *Take 1 or 2 answers.*

SHOW Slide #22

STRESS: Ebola is NOT spread through vaccines, air, mosquitoes, governments, religions, curses or witchcraft.



ANSWER any questions

SHOW & ASK



SHOW slide #23 and tell the group they can protect themselves from Ebola.

ASK how can you protect yourself from Ebola *(take 2 answers only)*



SHOW slide # 24 and point to the slide on Page 3 of the flip book

ASK someone to read the next page and tell you how they understand it



EXPLAIN and STRESS:

- Use clean water
- Try to find soap
- Sometimes we can use ashes when there is no soap, but we DON'T KNOW if ashes will work against Ebola.
- Soap and clean water is better than hand sanitizer

SHOW slide # 25 and point to the slide on page 3 of the flipbook

ASK someone to read and explain how they understand it



EXPLAIN

- You should also should wash your hands after you touch anything a sick person has touched

ASK:

- How else can you protect yourself?
- someone to read and explain how they understand it

SHOW slide # 26 and point to the slide on page 3 of the flipbook

EXPLAIN

- You should also do it after you touch anything a sick person has touched
- Sleeping in the same bed is touching
- To be safe don't even sleep in the same bed if you have a fever if you don't know for certain what that fever is from



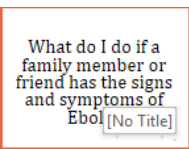
ANSWER any questions

SHOW & ASK



SHOW slide #27

ASK What should I do if a family member has the signs and symptoms of Ebola? *Take 1 or 2 answers*



SHOW & TELL



SHOW slide #28 and point to the slide on Page 4 of the flip book

ASK for someone to read it

TELL

- Calling quick is the most important thing
- 4455 is the national number. Each county will have there own number. Give the local numbers too.
- There are plenty people calling so have paitence
- Don't hang up. The call is free. Keep calling.



SHOW slide #29 and point to the slide on Page 4 of the flip book

ASK for someone to read it and tell how they understand it

TELL

- It is not the Liberian way, but only 1 person should take care of the sick person
- Do not touch them or any things they have touched when they are sick like clothes, blankets, play things or phones
- You can take them a bucket or bag for their vomit
- Make sure they have drink plenty of water to drink



ANSWER any questions

SHOW & TELL



SHOW slide #30 and point to the slide on Page 4 of the flip book

ASK for someone to read it and tell how they understand it

TELL

- When people run and hide they can't get help until it is too late
- They can spread the disease before they know they have it.

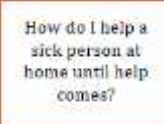







SHOW slide #31 and point to the slide on Page 4 of the flip book

REVIEW the steps to take

ANSWER any questions

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	<ul style="list-style-type: none"> • Every county is different. • The best thing to do is to call 4455 OR Your LOCAL COUNTY number to find out what you should do <p>SHOW: slide # 34</p> <p>ASK: How do I help a sick person at home until help comes? <i>Take 1 or 2 answers</i></p> 
<p>SHOW & TELL</p> 	<p>SHOW slide # 35 and point to the slide on Page 5 of the flip book</p> <p>READ the slide:</p> <p>EXPLAIN and STRESS</p> <ul style="list-style-type: none"> • The best thing to do is not touch any person that is sick • But the reality is you might have to wait for help to come • You CAN get sick • These things we are about to talk about May reduce the chance of Ebola spreading • BUT you can catch it even if you do them <p>ASK is it clear?</p> <p>ANSWER any questions</p> 
<p>SHOW & TELL</p> 	<p>SHOW slide # 36 and point to the slide on Page 5 of the flip book</p> <p>ASK: someone to read it and tell how they understand <u>it</u></p> <p>EXPLAIN and STRESS:</p> <ul style="list-style-type: none"> • Even though we are used to visiting sick people and welcoming in sick people, during this time of Ebola it is important to have only one person around the sick person until help comes. • it is like chicken sickness- when one chicken is sick, you remove it from the others so they stay healthy, isn't it so? • Whoever takes care of the sick person should not have any cuts on their hands • If there are any survivors in the community they can care for the sick person if they are willing. Once you have survived Ebola, you can not catch it again. <p>SHOW slide #37 and point to the slide on Page 5 of the flip book</p> <p>ASK: someone to read it and tell how they understand <u>it</u></p> <p>EXPLAIN and STRESS:</p> <ul style="list-style-type: none"> • You should not touch the body, body fluids, or things of a sick person! • If you must touch them covering your hands is better than touching them with your bare hands. • When you cover your hands you should cover them with <u>strong</u> plastic.  

- The plastic may have small holes in it that you cannot see, so Ebola can still get through, but it is better than nothing.
- The more plastic the better. Do not use cloth gloves or clothes.
- In one minute we will do a demonstration.

SHOW slide #38 and point to the slide on Page 5 of the flip book



ASK: someone to read it and tell how they understand it

EXPLAIN and STRESS:

- You MUST wash your hands with the bags still on
- After you wash your covered hands, you can take off the bags and burn them
- The bags can spread Ebola so you must burn them completely.
- Do not waste time before you burn the bags
- Wash your hands again quick-quick after you burn the bags

SHOW slide #39 and point to the slide on Page 5 of the flip book



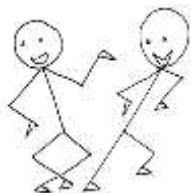
STRESS:

- Even though you have washed the bags, it is very important you burn them to keep your community safe
- Do not throw them away
- Burn them to ashes

SHOW slide #40 and TELL the group it is time for an activity



**LEAD
ACTIVITY**



ASK for a volunteer to come to the front of the room

SHOW them the handwashing station and 2 plastic bags and rope.

ASK them to show how they would wrap their hands

ASK the group for feedback

DEMONSTRATE the correct way to wrap the hands and REMOVE the bags

ANSWER any questions

ASK for a volunteer to come to the front room and give a demonstration on how they would teach someone in their community to do this

ASK for feedback from the group

CLAP for the volunteer

CLARIFY as needed

SHOW & TELL



SHOW slide #41 and point to the slide on Page 6 of the flip book

ASK someone to read it and tell how they understand it

ASK why is it important to not touch your eyes, nose, or mouth? *Take 1 or 2 answers*

REMINDE them that these are all entry points. Even a small, small bit of Ebola can make them sick.

SHOW slide #42 and point to the slide on Page 6 of the flip book

ASK why is it important to wash your skin or burn any clothes that have touched a sick person or their body fluids? *Take 1 or 2 answers*

REMINDE

- Ebola can enter the body through any small cuts in the skin.
- Anything that touches the sick person or the sick person's body fluids can spread Ebola.
- Any clothes or things that touch the person should be burned good-good
- Make sure you wash your hands after burning the clothes or things.



SHOW & ASK



ASK: Who can remember how many days can pass before signs of Ebola start to show? *Take 1 or 2 answers*

SHOW slide # 43 and point to the slide on page 6 of the flipbook

ASK someone to read and tell what they understand

EXPLAIN and STRESS:

- Remember once Ebola enters the body it can take as many as 21 days before any signs show
- It is important to be careful and watch the caregiver for signs of Ebola for 21 days to make sure they did not catch it

ANSWER any questions



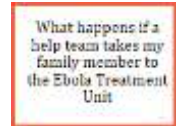
TAKE 5 MINUTE ENERGIZER BREAK – slide 44

SHOW & ASK



SHOW slide #45

ASK what happens if a help team takes my family member to the Ebola treatment unit (ETU)? *Take 2 answers*



SHOW slide #46 and point to the slide on Page 7 of the flipbook

ASK someone to read and tell how they understand it



EXPLAIN and STRESS:

- There is no cure for Ebola yet. The big people are working to find one and make enough of the medicine for everyone.
- When a person goes to the treatment unit they are not given treatment for Ebola. They are given treatment for the signs of Ebola.
- For example, if they have vomiting and runny stomach they person is losing plenty fluid, so the person gets ORS.
- If the person has fever, they given a tablet to reduce the fever.
- This helps the body of the sick person to get stronger and fight off Ebola.

SHOW slide #47 and point to the slide on Page 7 of the flipbook

ASK someone to read it and tell how they understand it.



EXPLAIN and STRESS:

- Everyone that goes for treatment is given food and water
- All of the care given in the ETU is free
- You can not go in for your own safety – all of the hospital people have to wear the white suits so they don't touch anything while taking care of the sick people
- Even though you can't go in, you can still talk to your family member from a distance or on the phone. This will help them to know they are not alone.
- If your family member is in the ETU you may become a contact
- You are going to talk about contact tracing next.

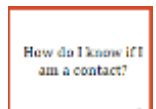
ASK: if there are any questions before you move on

SHOW AND ASK



SHOW slide #48

ASK How do if I am a contact? *Take 2 answers*



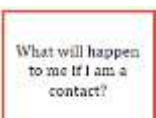
SHOW slide 49 and point to the slide on Page 7 of the flipbook

ASK someone to read it and tell how they understand it



CLARIFY as needed

- *NOTE: if asked about breastfeeding, the child should be breastfed unless a healthworker determines the case is probable or confirmed Ebola*



SHOW slide #50

ASK what will happen to me if I am a contact? *Take 2 answers*



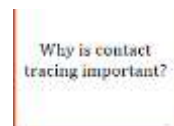
SHOW slide #51 and point to the slide on Page 7 of the flipbook

ASK someone to read it and tell how they understand it

EXPLAIN and STRESS:

- It is important to work with the contact tracers
- Do not hide from them or lie to them
- They are following people to make sure no one else gets sick with Ebola.
- They are the people that will get help quick- quick if someone starts to show signs or symptoms
- Remember that you can survive Ebola when you get help sooner

SHOW slide #52



ASK Why is contact tracing important ? *Take 2 answers*

SHOW slide #53

ASK someone to read it and tell how they understand it



EXPLAIN and STRESS:

- Finding all of the people that might get sick before they get sick is the best way to stop the spread of Ebola
- It keeps everyone in the family safe
- When we know all of the people that might get sick because they have been around the sick person we can make sure to move them away from anyone that does not have signs and get them help quick- quick.
- People can survive when they get help as soon as the Ebola signs start to show

ANSWER any questions

SHOW slide #54

What do I do if there is a dead body in my house or community?

ASK what do I do if there is a dead body in my community *Take 2 answers*

SHOW & ASK



SHOW slide #55 and point to the slide on Page 8 of the flipbook

ASK someone to read it and tell how they understand it

EXPLAIN and STRESS

- When we bury people in secret it can spread Ebola
- Keep everyone away from the body until a team comes
- Call for help – don't waste time
- The team will wear the white suit to keep them safe when they have to move the body



SHOW slide #56 and point to the slide on Page 8 of the flipbook

ASK someone to read it and tell how they understand it

EXPLAIN and STRESS

- The spray is the same strong chlorine they use in the hospital. It cleans good-good.
- The spray does not kill people. It only kills Ebola. That is why the teams spray it on the body and the area the body was in
- The counseling team will help the family with food, death certificates, grief, stigma and other needs



SHOW slide #57 and point to the slide on Page 8 of the flipbook

ASK: Why should you call and tell your community leader instead of burying the body? *Take 2 answers*

REVIEW: the body can spread Ebola. You need to call for a burial team to come quick-quick to keep the family and community safe.



SHOW slide #58

ASK Is the body thrown away? *Take 1 answer*


Is the body thrown away?

SHOW slide #59 and point to the slide on Page 8 of the flipbook

ASK someone to read it and tell how they understand it

ANSWER any questions




	<p>GIVE the ball to someone and ask them to throw it</p> <p>ASK review questions below</p> <p>GIVE the correct answer after each person answers (Clap if correct, ask someone else to help if they do not know)</p> <p>Review any questions that are difficult for people</p> <p>CONTINUE until all persons have answered and the group is answering well to all questions</p>
<p>REVIEW</p> 	<ol style="list-style-type: none"> 1. How is Ebola spread? 2. How can you protect yourself from Ebola? 3. What are body fluids? 4. How does Ebola enter the body? 5. What are the signs and symptoms of Ebola? 6. How many days can pass before signs of Ebola start to show? 7. When can you get a test for Ebola? 8. What should you do if a family member has the signs and symptoms? 9. What should you do if you have to wait for help? 10. What should you not do if a family member has the signs of Ebola? 11. What should you do if someone in your community has died from Ebola? 12. Who is a contact of someone that is sick with Ebola? 13. What happens if you are a contact? 14. What should you do with any bags or clothes that touched people sick with Ebola? 15. What happens to the body of someone that has died with Ebola? 16. What should you do if you have questions or need help with Ebola?

Review of Social Mobilization Role

60 minutes

Purpose: To refresh on roles and activities

Materials Needed: Facilitator guide, presentation or copy of presentation, Record keeping sheet

<p>ASK & SHOW</p> 	<p>SHOW slide # 64</p> <p>ASK:</p> <ul style="list-style-type: none"> • Why is social mobilization important? <i>Take a few answers</i> • What is your role as a gCHV? <i>Take a few answers</i> <p>SHOW Slide 65</p> <p>ASK someone to read each slide and explain how they understand it</p> <p>EXPLAIN</p> <ul style="list-style-type: none"> • People need information. Everybody is needed in the fight against Ebola.
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- Mobilizers are the link between the GOL and the people – both need to know what the other is thinking and saying.
- Rumors are dangerous. Sometimes there is truth hidden in a rumor. It is important to show people the truth and what is incorrect.

ASK: What are some of the rumors you have heard about Ebola?

SHOW slide #66

REVIEW each rumor and the truth

STRESS:

- Vaccines do not give Ebola. There is also no vaccine for Ebola. Sick people and dirty health facilities or equipment spread Ebola.
- Salt and bitter kola do not cure Ebola. There is no cure for Ebola right now.
- Injections do not kill people. Ebola kills people.



SHOW Slide # 67

EXPLAIN and STRESS:

- Mobilizers are known and trusted by the community
- You how to help the community work together
- You can give information to the leaders and families in your community about what to do to protect themselves, how to get help, and how to stay safe until a help team reaches them

ASK: What are some of the ways you think you can help your community learn about Ebola and protect themselves from Ebola? *Take 3 or 4 answers*



SHOW slide #68

EXPLAIN and STRESS:

- People learn more and remember more of what they learn when they do, not just listen
- It is important that you go house to house with your flip book and posters to help people learn about Ebola
- You can also organize other events to raise awareness and engage leaders and groups in your community to help you raise awareness





SHOW slide 69 and READ IT

ASK Why is it important to keep a record of your work- take 2 responses

EXPLAIN:

- It is a record of your activity.
- It can help the teams
- It is important for you incentives.

	<p>PASS OUT the record sheet. GO OVER IT in Detail.</p> <p>ANSWER any questions</p> <p>ASK: <i>what are things you need to remember when doing community mobilizing or IPC? Take a few answers</i></p> <p>SHOW slide #70</p> <p>ASK for a volunteer to read it and tell how they understand it</p> <p>EXPLAIN and STRESS:</p> <ul style="list-style-type: none"> • Remember that people are scared and confused about Ebola • It is important to be friendly and let the leaders know what you are doing. • Be respectful and patient. Don't get vexed with people even if they are rude to you. • Continue to follow up. Sometimes people need to hear things more than once • Don't touch anyone while you are doing your work
<p>REVIEW</p> 	<p><i>If there is time ASK for a volunteers to come to the front of the room to role play what they would do in each of the following scenarios.</i></p> <p><i>If time is short, call on individuals from the group to give you the answers.</i></p> <p><i>Review the correct response to each situation</i></p> <p>SHOW slide #71 and review each scenario</p> <p>What would you do if:</p> <ul style="list-style-type: none"> • A family member has a fever? • A community member has a fever AND blood in their vomit? • A visitor comes to town saying they have a medicine for Ebola? • You see people burying someone at night? • A family has called 4455 many times, but they are still waiting for help to come?
<p>CONGRATULATE</p> 	<p>Congratulate the group and have them clap for themselves</p> <p>ASK the group if there is any other thing about Ebola that they don't understand or want to know</p> <p>ANSWER any questions</p>



Materials Needed: test and evaluation

REVIEW



Tell group they will take a small test on what they have learned

GIVE everyone a piece of paper with review and evaluation questions on it.

TELL the group you will read each question and they should make a mark beside the correct answer

Read each question and the answer choices

Collect the papers

THANK THE GROUP AND CLOSE THE TRAINING